

In addition to the many wonderful benefits you receive by being an ADA/LDA member, two new and exciting extras have been added. For those of you who are technology savvy, we invite you to join the Eat Right! Louisiana Facebook group. Meet and stay in touch with current members. It's a great way to network within our profession. You are also invited to check out our blog at www.eatrightla.blogspot.com to learn more about LDA and the many rewards you obtain by being a member. Enjoy!