

NEW MEMBER SPOTLIGHT:

JAMIE LUKE

BAYOU DISTRICT

What type of work setting/area of concentration did you specialize?

I presently work as a Patient Services Manager in a hospital setting, and I really enjoy that environment and the people that I work with.

What are your hobbies?

I really enjoy jogging in the evenings for exercise, but my absolute favorite past time is spending time with my daughter, who is 2 years old. She keeps me occupied for hours at a time!

Why do you think continuing education is important for dietitians?

Obtaining continuing education gives dietitians the opportunity to continuously learn and stay informed on the most current nutrition and health information that is available. This helps us to always provide optimal nutritional care for our patients.

Who is the person who has inspired you the most?

I would have to say that my parents have inspired me the most. They supported me through my entire college career, and they always gave me encouraging words to assure me that I could achieve anything that I set my mind to. I thank them for everything that they have done for me and all of the support that they have given me.

What is your favorite food/recipe?

My absolute favorite food is my mom's meat pie. She uses a pie crust and fills it with browned ground meat and corn. It is absolutely delicious!!!

What do you like best about being a dietitian?

The thing that I like best about being a dietitian is being able to pass on useful nutrition information to others who need it. I also get a kick out of people who see you eating lunch, and make comments like, "Oh, I didn't know dietitians could eat that!" It's really funny how we get labels put on us just because we are nutrition professionals.

What words of wisdom do you have for new dietitians?

NEVER GIVE UP!! In the beginning, a lot of things may seem very overwhelming, but dietetics is such an exciting field to be a part of. I have learned so much in the 3 years that I have been practicing, and new things are continually arising!! You can never get bored with this profession!!

Name the accomplishment you are most proud of.

I am extremely proud of the day that I passed my registration examination to become a registered dietitian. But, aside from work, the accomplishment that I am most proud of is the day that my daughter was born. She was born 3 days after Hurricane Katrina passed, and my life has been completely changed since she has come along. I wouldn't trade it for the world!!

